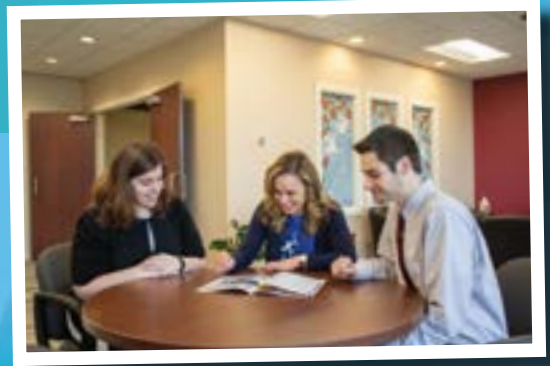


Serve while staying at home!

During this period of collective quiet, many of us are still seeking ways to give back to our neighbors. These events should spark some ideas that will help you help others while maintaining safe social distancing and staying healthy! Contact the Fraternal Outreach Team with any questions: outreach@catholic-forester.org.



A Bundle of Thanks:

Have your family write or draw thank you cards for healthcare workers, first responders, and/or utility workers who are all working to keep our towns running. Drop off the cards at their stations for some much-needed encouragement on their next break!



Walking with a Purpose:

Get out of the screens and into the green! Grab some gloves and plastic bags, and head outside. Take a break from the inside to help clean-up your local park from the winter. Make it a competition to see who can fill their bag the most!



Neighborly Notes:

Leave uplifting chalk messages along your sidewalk or driveway. Remind your neighbors that you're still here for them, even if you can't be physically.



Making Masks:

Got extra fabric around or gently used t-shirts lying around? Use [this pattern](#) for reusable hospital masks. Sew them up at home and donate to your local ICU. Hospitals are in a critical need for more masks.



Turnaround a T-shirt:

Do you have a bunch of old T-shirts lying around that you don't wear anymore? Put them to good use by turning them into a variety of things. You can create [dog toys](#), [reusable shopping bags](#), [yarn](#) and even [coasters](#) without using a sewing machine! Donate to your local animal shelter, food pantry or retirement center.

